

**Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by
Guarantee**

Directors' Report and Financial Statements

for the year ended 31 December 2018

**DHKN Limited
Registered Auditors
Galway Financial Services Centre
Moneenageisha Road
Galway**

**Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by
Guarantee
CONTENTS**

	Page
Directors and Other Information	3
Directors' Report	4 - 6
Directors' Responsibilities Statement	7
Independent Auditor's Report	8 - 9
Appendix to the Independent Auditor's Report	10
Income Statement	11
Statement of Financial Position	12
Statement of Changes in Equity	13
Statement of Cash Flows	14
Notes to the Financial Statements	15 - 21

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee
DIRECTORS AND OTHER INFORMATION

Directors

Mr. Kevin O' Reilly
Dr. Jim Crowley
Dr. Catherine Caulfield
Mr. James David Toohey
Mr. Mark Gantly
Dr. Faisal Sharif
Mr. Tom Walsh
Mr. Paul Carey
Mr. James Ward
Ms. Mary Heffernan (Appointed 20 March 2018)
Ms. Emer Curtis (Appointed 25 September 2018)

Company Secretary

Ms. Marie Gavin (Appointed 22 May 2018)
Ms. Patricia Orme (Resigned 22 May 2018)

Company Number

118373

Registered Office and Business Address

Croí House
Moyola Lane
Newcastle
Galway

Auditors

DHKN Limited
Galway Financial Services Centre
Moneenageisha Road
Galway

Bankers

AIB Bank
Lynch's Castle
Galway

Bank of Ireland
University Branch
Galway

KBC
Sandwith Street
Dublin 2

Solicitors

Ford & Associates
Augustine Court
St. Augustine Street
Galway

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

DIRECTORS' REPORT

for the year ended 31 December 2018

The directors present their report and the audited financial statements for the year ended 31 December 2018.

Principal Activity

Croí's mission is to prevent cardiovascular disease, save lives and promote recovery & well-being.

The Company is limited by guarantee, not having a share capital.

The financial performance of the foundation is set out in our financial statements. Fundraising in the not-for-profit sector remained challenging, nonetheless 2018 was a successful year, both in terms of fundraising performance and delivery to our mission. Our Heart & Stroke Centre continues to be a very active research and development hub delivering evidence based and best practice programmes. Over 10,000 people directly engaged with our multidisciplinary health team across a varied portfolio of education, training and support activities.

Over the past year we have engaged with thousands of people in communities throughout the West of Ireland, offering them opportunities and support to transform their lives by reducing their risk of cardiovascular events as well as supporting those living with the impact of heart disease, stroke, diabetes and obesity.

Highlights of Activities & Achievements 2018

The Croí multi-disciplinary health team continued to design, develop and deliver a diverse range of innovative community based cardiovascular disease prevention and rehabilitation programmes. In the past year, our primary focus was on the delivery of the Croí MyAction programme, the Croí CLANN programme and the development and delivery of the Active Heart Programme in the Croí Heart & Stroke Centre. This latter initiative was a specially commissioned demonstration model for a National Community Based Cardiac Rehabilitation programme. Other programmes delivered both in the Centre and throughout the community included the Croí MyBalance & iBalance programmes (dietary advice & weight management); Cardiovascular Risk Screening; CPR & AED Training, Cardiac fitness assessments, Yoga, Pilates & relaxation classes; specialist physiotherapy sessions and exercise prescription as well as stroke survivor & carer support initiatives.

Other key developments in 2018 included:

Supporting the appointment of Professor David Wood, immediate past president of the World Heart Federation as Adjunct Professor of Preventive Cardiology at NUIG and Professor Bill McEvoy as Professor of Preventive Cardiology at NUIG and Research & Medical Director of the National Institute for Prevention and Cardiovascular Health (NIPC).

Leading the Ireland - I-ASPIRE survey of cardiovascular disease and diabetes prevention practice as part of a European programme. The principal investigators are, Prof David Wood, Dr Jim Crowley and Prof Bill McEvoy.

Expansion of our professional Training & Education programmes and short courses delivered under the banner of Croí / NIPC which included training in Motivational Interviewing, ECG Interpretation and a Masterclass series on cholesterol.

Leading a national expert technical group to review current literature and produce a consensus statement relating to the use of telemetry within cardiac rehabilitation programmes.

Through the National Institute for Prevention and Cardiovascular Health (NIPC), which was established by Croí as an affiliate of the National University of Ireland Galway (NUIG), our leadership in the area of cardiovascular disease prevention was strengthened with an increased professional & academic membership and the continued development of the MSc in Preventive Cardiology. This unique post graduate training programme continues to be the only one available in Ireland. It includes a taught element which is largely delivered at the Croí Heart & Stroke Centre where students have the opportunity to gain knowledge of, and experience in, the theory and clinical application of evidence-based preventive cardiology practice. Each graduate produced original applied health research, contributing to new knowledge in the advancement of preventive healthcare.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

DIRECTORS' REPORT

for the year ended 31 December 2018

Croí's national and international reach was evidenced through the following activities in the past year:

Co-ordination and implementation of a trans-European Heart Failure Awareness Campaign as part of European Heart Failure Awareness Month – May 2018.

Hosting the 4th Global Heart Failure Patient Organisation capacity building academy attended by 45 delegates from across the globe, strengthening Croí's role in mobilising the patient voice in Europe and worldwide – June 2018.

Participating as part of a European Patient Organisation alliance to raise awareness of heart valve disease – this included leading a delegation to the European Parliament in Brussels – Sept 2018.

Participating on the Steering Committee of the European Heart Failure Policy Network in the development and launch of the Handbook of Multidisciplinary and Integrated Heart Failure Care which was launched in the EU parliament in Brussels – Sept 2018.

Participating on the Steering Committee of the European Patient Innovation Summit in Dublin – Oct 2018.

Key Publications / Presentations in 2018:

Zafar, H., Leahy, M., Johnson N., Wijns, W., Sharif, F. Optimisation and First-in-Man Clinical Evaluation of Combined Photoacoustic and Duplex Ultrasound Imaging for Carotid Atherosclerosis and Vulnerable Plaques Detection EuroPCR 2017, Paris, France.

H.Zafar, M. Leahy, M. Kolios, W.Wijns, N. Johnson, F. Sharif. Non-Evasive Imaging of Carotid Artery using Co-Registered Photoacoustic and Duplex Ultrasound Photonics Ireland, 2017, Galway, Ireland.

Gibson, I. Diabetes Outcomes from Croí MyAction EuroHeart Care Conference, Dublin, Ireland.

Basquille, E. McKenna, V. Houlihan, A. Waldron, D. An Exploration of the Needs of Cardiac Population using a Subjective Quality of Life Measure 10th World Research Congress, European Association of Palliative Care, Bern, Switzerland.

Principal Risks and Uncertainties

Fundraised income continues to be challenging across the not-for-profit sector but the charity is working productively with its stakeholders to develop partnerships which will ensure sufficient resources to support its ongoing services and health programmes.

Financial Results

The deficit for the year after providing for depreciation amounted to €(31,150) (2017 - €(66,191)).

At the end of the year, the company has assets of €5,097,275 (2017 - €5,113,212) and liabilities of €746,377 (2017 - €731,164). The net assets of the company have decreased by €(31,150).

Directors and Secretary

The directors who served throughout the year, except as noted, were as follows:

Mr. Kevin O' Reilly
Dr. Jim Crowley
Dr. Catherine Caulfield
Mr. James David Toohey
Mr. Mark Gantly
Dr. Faisal Sharif
Mr. Tom Walsh
Mr. Paul Carey
Mr. James Ward
Ms. Mary Heffernan (Appointed 20 March 2018)
Ms. Emer Curtis (Appointed 25 September 2018)

The secretaries who served during the year were;

Ms. Marie Gavin (Appointed 22 May 2018)
Ms. Patricia Orme (Resigned 22 May 2018)

**Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by
Guarantee
DIRECTORS' REPORT**

for the year ended 31 December 2018

Auditors

The auditors, DHKN Limited have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Investment Policy

The Directors have considered the most appropriate policy for investing funds and have taken decisions accordingly.

Statement on Relevant Audit Information

So far as the directors are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records

To ensure that proper books and accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The books of account are located at the company's office at Croí House, Moyola Lane, Newcastle, Galway.

Signed on behalf of the board

Mr. Kevin O' Reilly
Director

Dr. Jim Crowley
Director

Date: 26th March 2019

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

DIRECTORS' RESPONSIBILITIES STATEMENT

for the year ended 31 December 2018

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board

Mr. Kevin O' Reilly
Director

Dr. Jim Crowley
Director

Date: 26th March 2019

INDEPENDENT AUDITOR'S REPORT

to the Members of Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee ('the company') for the year ended 31 December 2018 which comprise the Income Statement, the Statement of Financial Position, the Statement of Changes in Equity, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2018 and of its deficit for the year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT

to the Members of Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to the going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description_of_auditors_responsibilities_for_audit.pdf> The description forms part of our Auditor's Report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Mr. Proinsias Kitt F.C.A.,
for and on behalf of
DHKN LIMITED
Registered Auditors
Galway Financial Services Centre
Moneenageisha Road
Galway

Date: 26th March 2019

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee
INCOME STATEMENT
for the year ended 31 December 2018

	Notes	2018 €	2017 €
Income	5	2,350,091	2,220,420
Expenditure		<u>(2,324,430)</u>	<u>(2,194,416)</u>
Surplus before interest		25,661	26,004
Finance income	7	<u>15,287</u>	<u>13,683</u>
Surplus for the year		40,948	39,687
Depreciation		<u>(72,098)</u>	<u>(105,878)</u>
Total comprehensive income		<u><u>(31,150)</u></u>	<u><u>(66,191)</u></u>

Approved by the board on 26th March 2019 and signed on its behalf by:

Mr. Kevin O' Reilly
Director

Dr. Jim Crowley
Director

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

STATEMENT OF FINANCIAL POSITION

as at 31 December 2018

	Notes	2018 €	2017 €
Non-Current Assets			
Property, plant and equipment	9	3,107,251	3,179,349
Financial assets	10	1	400,001
		<u>3,107,252</u>	<u>3,579,350</u>
Current Assets			
Receivables	11	246,387	188,095
Cash and cash equivalents		1,743,636	1,345,767
		<u>1,990,023</u>	<u>1,533,862</u>
Payables: Amounts falling due within one year	13	<u>(746,377)</u>	<u>(731,164)</u>
Net Current Assets		<u>1,243,646</u>	<u>802,698</u>
Total Assets less Current Liabilities		<u>4,350,898</u>	<u>4,382,048</u>
Reserves			
Capital reserves and funds	17	3,107,251	3,183,500
Income statement		1,243,647	1,198,548
Equity attributable to owners of the company		<u>4,350,898</u>	<u>4,382,048</u>

Approved by the board on 26th March 2019 and signed on its behalf by:

Mr. Kevin O' Reilly
Director

Dr. Jim Crowley
Director

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

STATEMENT OF CHANGES IN EQUITY

as at 31 December 2018

	Retained surplus	Capital Reserves	Building Reserves	Total
	€	€	€	€
At 1 January 2017	1,158,861	3,285,227	4,151	4,448,239
Deficit for the year	(66,191)	-	-	(66,191)
Other movements in equity attributable to owners	105,878	(105,878)	-	-
At 31 December 2017	1,198,548	3,179,349	4,151	4,382,048
Deficit for the year	(31,150)	-	-	(31,150)
Other movements in equity attributable to owners	76,249	(72,098)	(4,151)	-
At 31 December 2018	1,243,647	3,107,251	-	4,350,898

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

STATEMENT OF CASH FLOWS

for the year ended 31 December 2018

	Notes	2018 €	2017 €
Cash flows from operating activities			
Deficit for the year		(31,150)	(66,191)
Adjustments for:			
Finance income		(15,287)	(13,683)
Depreciation		72,098	105,878
		<u>25,661</u>	<u>26,004</u>
Movements in working capital:			
Movement in receivables		(58,292)	56,990
Movement in payables		15,213	372,392
		<u>(17,418)</u>	<u>455,386</u>
Cash flows from investing activities			
Interest received		15,287	13,683
Movement between investments and cash and cash equivalents		400,000	275,000
		<u>415,287</u>	<u>288,683</u>
Net cash generated from investment activities		415,287	288,683
Net increase in cash and cash equivalents		397,869	744,069
Cash and cash equivalents at beginning of financial year		1,345,767	601,698
Cash and cash equivalents at end of financial year	20	<u>1,743,636</u>	<u>1,345,767</u>

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2018

1. GENERAL INFORMATION

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee is a company limited by guarantee incorporated in the Republic of Ireland.

2. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 31 December 2018 have been prepared in accordance with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014 and in accordance with the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland (FRS 102) issued by the Financial Reporting Council.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

Consolidated accounts

The company is entitled to the exemption in accordance with section 297 of the Companies Act 2014 from the obligation to prepare group accounts.

Income

Voluntary income consists of annual donations, sponsorship, gifts and the proceeds of fundraising activities which are recognised as received, together with deposit interest earned in the year. The value of services provided by volunteers has not been included.

As with many similar charitable organisations, independent groups from time to time organise fundraising activities. However, as amounts collected in this way are outside the control of the Company, they are not included in the financial statements until received or deemed receivable by the Company.

Deferred Income

Income received for a number of projects is carried forward and included as deferred income within creditors when it can be foreseen with reasonable assurance that expenditure on such projects will not take place due to timing and / or other operational considerations in the year in which the income was received. Income received for projects which have not taken place but for which expenditure has been incurred has been recognised in the income statement to the extent that costs are matched with revenue. In such circumstances no net profit is recognised until the projects are complete. The Foundation considers that this treatment results in proper matching of costs and revenue.

Resources Expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any value added tax which cannot be fully recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity.

Gifts In Kind

The value of any material gifts in kind is recognised as other income when the value is ascertained.

Capital Reserves, Designated Funds and Unrestricted Funds

The Capital Reserves represents the unamortised value of income used for capital purposes.

Unrestricted Funds are donations and other incoming resources receivable or generated for the objectives of the charity without further specified purpose and are available as general funds.

Designated Funds are funds earmarked by the Board of Directors for particular purposes.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	-	2% Straight line
Fixtures, fittings and equipment	-	20% Straight line

The carrying value of property, plant and equipment are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Financial assets

Investments held as fixed assets are stated at cost less impairment for any permanent diminution in value. Income from other investments together with any related withholding tax is recognised in the income statement in the year in which it is receivable.

Trade and other receivables

Receivables with no stated interest rate and receivable within one year are recorded at transaction prices.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and in hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position bank overdrafts are shown within payables.

Trade and other payables

Payables with no stated interest rate and payable within one year are recorded at transaction prices.

Employee benefits

When employees have rendered service to the company, short term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

Taxation and deferred taxation

The Company is not liable to Corporation Tax by virtue of it having been granted charitable status by the Revenue Commissioners under Reference CHY 7500.

Pensions

The company operates a defined contribution and PRSA pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. Contributions are charged to the income statement in the year in which they fall due.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

3. SIGNIFICANT ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will be, by definition, seldom equal to the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

(a) Establishing useful economic lives for depreciation purposes of property, plant and equipment
Property, plant and equipment comprise a significant portion of the total assets of the company. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of asset and estimates of residual values. The directors regularly review asset useful economic lives and change them as necessary to reflect current thinking on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Details of the useful economic lives is included in the accounting policies.

4. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION

The directors have elected to present an Income Statement instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

5. INCOME

The income for the year has been derived from:-

	2018	2017
	€	€
Fundraising Income	753,851	711,157
Programme Income	1,210,718	1,074,604
Donations, Sponsorship and Gifts	385,522	434,659
	<u>2,350,091</u>	<u>2,220,420</u>

The whole of the company's income is attributable to its market in the Republic of Ireland and is derived from the principal activity of improving the quality of life for all through the prevention and control of cardiovascular disease.

6. OPERATING DEFICIT	2018	2017
	€	€
Operating deficit is stated after charging:		
Depreciation of property, plant and equipment	72,098	105,878
	<u>72,098</u>	<u>105,878</u>

7. FINANCE INCOME	2018	2017
	€	€
Bank interest	15,287	13,683
	<u>15,287</u>	<u>13,683</u>

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

8. EMPLOYEES AND REMUNERATION

Number of employees

The average number of persons employed (including executive directors) during the year was as follows:

	2018	2017
	Number	Number
Development Programmes	20	23
Management, Fundraising and Administration	9	7
	<u>29</u>	<u>30</u>

The staff costs comprise:

	2018	2017
	€	€
Wages and salaries	1,185,350	1,148,078
Social welfare costs	119,116	113,426
Pension costs	51,816	30,142
	<u>1,356,282</u>	<u>1,291,646</u>

Key management remuneration amounted to €384,134.

9. PROPERTY, PLANT AND EQUIPMENT

	Land and buildings freehold	Fixtures, fittings and equipment	Total
	€	€	€
Cost			
At 31 December 2018	3,606,174	230,713	3,836,887
Depreciation			
At 1 January 2018	426,825	230,713	657,538
Charge for the year	72,098	-	72,098
At 31 December 2018	498,923	230,713	729,636
Carrying amount			
At 31 December 2018	<u>3,107,251</u>	<u>-</u>	<u>3,107,251</u>
At 31 December 2017	<u>3,179,349</u>	<u>-</u>	<u>3,179,349</u>

In the opinion of the directors, the land and buildings of the company are worth at least the amount at which they are stated at in the Statement of Financial Position.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

10. FINANCIAL FIXED ASSETS

	Subsidiary undertakings shares	Other unlisted investments	Total
	€	€	€
Investments			
Cost			
At 1 January 2018	1	400,000	400,001
Transfer	-	(400,000)	(400,000)
	<u>1</u>	<u>-</u>	<u>1</u>
At 31 December 2018	1	-	1
	<u>1</u>	<u>-</u>	<u>1</u>
Carrying amount			
At 31 December 2018	<u>1</u>	<u>-</u>	<u>1</u>
At 31 December 2017	<u>1</u>	<u>400,000</u>	<u>400,001</u>

10.1. Holdings in related undertakings

The company holds 20% or more of the share capital of the following company:

Name	Registered office / Principal place of business	Nature of business	Details of investment	Proportion held by company
Subsidiary undertaking				
Cardio Check Limited	Ireland	Dormant	Ordinary Shares	100%

Cardio Check Limited is a 100% subsidiary of Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee. The company did not trade in the year.

In the opinion of the directors, the shares of the company's unlisted investments are worth at least the amount at which they are stated in the Statement of Financial Position.

11. RECEIVABLES

	2018 €	2017 €
Other Receivables	21,216	19,832
Prepayments and Accrued Income	225,171	168,263
	<u>246,387</u>	<u>188,095</u>

All balances are deemed recoverable within one year.

12. CURRENT ASSET INVESTMENTS

	2018 €	2017 €
Cash equivalents	<u>1,172,500</u>	<u>772,500</u>

Cash equivalents relate to funds held in short term deposit accounts. These funds shall be utilised in a range of programmes designed to address the prevention and detection of heart disease and stroke. These initiatives shall include research, education, patient and family support, rehabilitation and the development of other services and facilities.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

13. PAYABLES	2018	2017
Amounts falling due within one year	€	€
Trade payables	36,622	29,586
Taxation and social welfare (Note 14)	39,195	76,179
Accruals	101,660	42,632
Deferred Income	568,900	582,767
	746,377	731,164

14. TAXATION AND SOCIAL WELFARE	2018	2017
	€	€
Payables:		
PAYE	25,286	45,655
PRSI	13,909	30,524
	39,195	76,179

15. PENSION COSTS - DEFINED CONTRIBUTION

Pension costs amounted to €51,816 (2017 - €30,142).

16. STATUS

Croí - The West of Ireland Cardiac and Stroke Foundation Limited is a company limited by guarantee and not having a share capital.

17. RESERVES

Building Reserves

This represents special reserves set aside for the continued development of Croí House - a centre for the prevention, early detection, recovery and rehabilitation.

18. RELATED PARTY TRANSACTIONS

The company has availed of the exemption under FRS 102 in relation to the disclosure of transactions with group companies.

iHHub is a not for profit global alliance of heart patient organisations. iHHub and Croí share a common mission of raising awareness of heart failure and other cardiac conditions. During the period, iHHub donated €96,825 (2017: €81,579) to Croí. No amounts were outstanding at 31 December 2018. iHHub and Croí are considered related parties due to common key management personnel, as defined in FRS102. As at 31st December 2018, an amount of €82,243 is included in deferred income for an iHHub conference which took place in January 2019.

The directors confirm that all transactions between related parties are on an arm's length basis.

19. EVENTS AFTER END OF REPORTING PERIOD

There have been no significant events affecting the company since the year-end.

Croí - The West of Ireland Cardiac and Stroke Foundation Company Limited by Guarantee

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

20. CASH AND CASH EQUIVALENTS	2018	2017
	€	€
Cash and bank balances	571,136	573,267
Cash equivalents	1,172,500	772,500
	<u>1,743,636</u>	<u>1,345,767</u>

21. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 26th March 2019.