

What's next?

You will need the services of a solicitor to make your Will and include a gift to Croí. If you currently do not have a solicitor, it is easy to find one who can draw one up for you and we can assist you with this.

Should you decide to honour Croí through your Will, a confidential, no-obligations meeting can be arranged to discuss how a legacy gift from you can best support our work in the fight against heart disease and stroke.

To learn more about leaving a lifesaving legacy, please contact Christine in confidence on 091 544 310 or email christine@croi.ie.

What kind of gift can I leave?

- **Pecuniary Gift** – This is a sum of money — large or small — left in a Will.
- **Residuary Gift** – This is a gift of the remainder of an estate after all other beneficiaries have been provided for.
- **Specific Request** – This is a gift of a named item – for example, a painting or a piece of jewellery.

However you choose to remember Croí through your Will, and whatever size your legacy gift may be, you can be sure it will be greatly appreciated and put to work to help prevent disease and save lives.

Leave a legacy of healthy hearts and create a brighter future for everyone!

Any gift, large or small, will make a huge impact!

The challenges facing people living with heart disease and stroke are now greater than any that have come before.

Croí, the Heart & Stroke Charity, has always worked tirelessly to respond to the needs of the community, and with your support we will continue to do that. People living with heart disease and stroke need our Croí specialist health team and support services now more than ever. Your support allows us to plan with confidence and continue to support people living with heart disease and stroke into the future.

Contact Croí

To discuss how you can leave a lifesaving legacy please contact Christine in confidence on 091 544 310 or email christine@croi.ie.

Or if you have already decided to include a gift to Croí in your will, it would be wonderful if you could let us know. We'd love to have the chance to thank you personally, and talk to you about the different ways your gift could be used. Knowing about your legacy also helps us to plan with confidence, and make sure your wishes are fulfilled.

Address: Croí House,
Moyola Lane, Newcastle,
Galway, Co. Galway



Fighting Heart Disease & Stroke



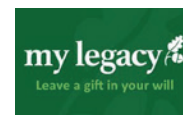
“Someone is sitting in the shade today because someone planted a tree a long time ago.”

GIFTS IN WILLS

Registered charity number 20016616

CROÍ

Fighting Heart Disease & Stroke



Would you like to Leave a Legacy of Healthy Hearts?

After taking care of loved ones and other priorities, many people want the assurance that they are leaving behind something that will help others and do good in the world. When you include a gift to Croí Heart and Stroke Charity in your Will, you'll be using your legacy to continue the fight against heart disease and stroke.

No matter the amount, your planned gift creates a brighter future for everyone — one where heart disease and stroke rob fewer families of their precious loved ones.

Croí - Who we are

Established in 1985, our aim is to lead the fight against heart disease and stroke, with a particular focus on the West of Ireland. Our mission is to prevent heart disease and stroke, save lives, empower and support families, communities and future generations to take control of their health and well-being.

Our work is funded from the proceeds of fundraising events, voluntary contributions and philanthropy. We are deeply grateful for the support and endorsement of our donors, supporters and volunteers who give so generously of their time and resources.



How can my Gift Make a Difference?

When you include a gift to Croí in your Will, you will ensure that your legacy lives on forever by guaranteeing we have the resources needed for all our lifesaving programmes!

Preventing Disease and Promoting Cardiovascular Health

Over 80% of cardiovascular disease can be prevented through simple lifestyle changes and risk factor management. Your gift in your Will will help us raise awareness and prevent disease through programmes such as: free cardiac health checks to the community, health and well-being events, public talks, and healthy lifestyle programmes that significantly reduce risk factors.

Saving Lives

Did you know that over two-thirds of all out-of-hospital cardiac arrests occurred at home? Your gift to Croí ensures that community members will have the training and skills they need — like CPR and defibrillation — to save lives. You'll also be helping provide the most up-to-date training and education programmes to healthcare professionals.

Promoting Recovery and Well-Being

Recovering from a cardiac event or a stroke is a long journey. You can help us offer a wide range of support services including support groups, physical activity programmes, and health and lifestyle programmes. Your gift will also help fund the Croí Courtyard Apartments, which allow families to be able to stay together free of charge while one of them is receiving treatment at Galway University Hospital — a priceless gift during a stressful time.

