



Fighting Heart Disease & Stroke

Girona Cycling Challenge 2026





Girona – a cyclist's paradise!

Take on a unique challenge and support Croí's livesaving work!



Tour Overview (Provisional)

DATES: 9TH - 13TH APRIL 2026

- Outward Flights: Thursday 9th April
- Return Flights: Monday 13th April
- Flight options from Knock or Dublin to Girona airport
- 3 Days of guided Road Cycling on the incredible roads around Girona
- Accommodation: Four nights at the amazing Rocacorba Cycling Hotel

Rocacorba Cycling - Our Base for the Tour









www.rocacorbacycling.cc

Stunning Routes on the roads around Girona



Based near the beautiful lakeside town of Banyoles, the routes we are planning will take in the mountains and sea in the area surrounding Girona with route options to suit a range of abilities.







What's included?

Accommodation on Twin room shared basis for Four nights at the superb Rocacorba Cycling.

Breakfast each morning

Picnic Lunch each day we are riding

Airport & Luggage Transfers from Girona Airport to/from our base (on designated flights)

Custom designed Croí Girona Challenge Jersey

Welcome meeting with ride and safety information.

Fully guided rides with support vehicle

Bike mechanic & workshop onsite

Full GPX files and route profiles.



What's not included?

Flights – participants will be responsible for booking their own flights directly. Please do not book flights until the tour is fully confirmed.

Travel Insurance – all participants must arrange travel insurance and provide confirmation of same.

Evening meals and drinks

Bike Hire if needed (available at additional cost – Canyon Endurace - €192 for 3 days)

Provisional Costs

Overall Tour Cost is €950 per person plus fundraising target to raise €1250 (minimum) for Croí.

Full Fundraising Support will be available from Croí, including dedicated idonate page.

€300 deposit required to secure place (non-refundable)





For More information or to register your interest please contact

CHRISTINE FLANAGAN

CROÍ DIRECTOR OF FUNDRAISING

CHRISTINE@CROI.IE | 083-8780948